

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2018

Harmony Square

<p>10:00 Keep It Moving: Morning Stretch 10:30 Rehydrate & Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie & Munch 2:00 Math Challenge 2:30 Bean Bag Toss 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">1</p>	<p>10:00 Fun & Fitness 10:30 Rehydrate & Snack 11:00 Trivia 2:00 Sunflower Art 3:00 Manicures/ Hand Massages 3:45 Harmony Happy Hour 4:20 Pet Therapy with Bella 6:30 Movie & Popcorn</p> <p style="text-align: right;">2</p>	<p>10:00 Chair Exercise 10:30 Rehydrate & Snack 11:00 Parachute Fitness & Rehydrate 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p> <p style="text-align: right;">3</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading & Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p> <p style="text-align: right;">4</p>			
<p>10:30 TV Church 11:15 Holy Communion with St. Mary's Catholic Church (Brown Activity Room) 1:00 Relax to Soft Music 2:00 Church Service with Faith Baptist (Hayes Activity Room) 2:00 Afternoon Movie 6:00 TV Sitcom</p> <p style="text-align: right;">5</p>	<p>10:00 Morning Exercise 10:30 Rehydrate & Snack 10:45 Bean Bag Toss 11:15 Ball Toss 2:00 Root Beer Float Day Social 2:30 Daily Tasks from the Good Ole Days 3:00 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">6</p>	<p>10:00 Morning Yoga 10:30 Rehydrate & Snack 10:45 Bean Bag Toss 11:15 Spelling Bee 2:00 Outdoor Stroll & Mail Check 2:30 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie & Popcorn</p> <p style="text-align: right;">7</p>	<p>10:00 Keep It Moving: Morning Stretch 10:15 Visit with Pre-Schoolers from Minnieland 11:15 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie & Munch 2:00 Performance by Pianist/ Singer John Osborne (Main Lobby) 3:00 Math Challenge 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">8</p>	<p>10:00 Fun & Fitness 10:30 Rehydrate & Snack 11:00 Parachute Fitness & Rehydrate 1:30 Manicures 2:00 Performance by Accordionist/Guitarist/Singer Matthew O'Donnell (Dining Room) 3:15 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie & Popcorn</p> <p style="text-align: right;">9</p>	<p>10:00 Chair Exercise 10:30 Rehydrate & Snack 11:00 Trivia 1:30 Weekly Word of Wisdom with Matt Phillips 2:00 Gospel/Country Songs with Mike Milstead 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p> <p style="text-align: right;">10</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading & Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p> <p style="text-align: right;">11</p>
<p>10:30 TV Church 11:15 Holy Communion with St. Mary's Catholic Church (Brown Activity Room) 1:00 Relax to Soft Music 2:00 Lutheran Church Service & Holy Communion with Rev. Koehler (Hayes Activity Room) 2:00 Afternoon Movie 6:00 TV Sitcom</p> <p style="text-align: right;">12</p>	<p>10:00 Morning Exercise 10:30 Rehydrate & Snack 10:45 Bean Bag Toss 11:15 Matching Game 1:15 Afternoon Bingo 2:30 Daily Tasks from the Good Ole Days 3:00 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">13</p>	<p>10:00 Morning Yoga 10:30 Rehydrate & Snack 10:45 Baking: Peach Cobbler 11:15 Spelling Bee 2:00 Outdoor Stroll & Mail Check 3:00 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie & Popcorn</p> <p style="text-align: right;">14</p>	<p>10:00 Keep It Moving: Morning Stretch 10:30 Rehydrate & Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie & Munch 2:00 Math Challenge 2:30 Bean Bag Toss 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">15</p>	<p>10:00 Fun & Fitness 10:30 Rehydrate & Snack 11:00 Trivia 2:00 Manicures & Hand Massages 3:00 Ball Toss 3:45 Harmony Happy Hour 4:20 Pet Therapy with Bella 6:30 Movie & Popcorn</p> <p style="text-align: right;">16</p>	<p>10:00 Chair Exercise 10:30 Rehydrate & Snack 11:00 Parachute Fitness & Rehydrate 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p> <p style="text-align: right;">17</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading & Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p> <p style="text-align: right;">18</p>
<p>10:30 TV Church 11:15 Holy Communion with St. Mary's Catholic Church (Brown Activity Room) 11:30 Church Service with Antioch Methodist Church (Hayes Activity Room) 1:00 Relax to Soft Music 2:00 Afternoon Movie 6:00 TV Sitcom</p> <p style="text-align: right;">19</p>	<p>Lemonade's Birthday! 10:00 Morning Exercise 10:30 Rehydrate & Snack 10:45 Baking: Lemonade Cake 11:15 Matching Game 1:15 Afternoon Bingo 2:30 Resident Spotlight & August Birthday Celebration 3:15 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">20</p>	<p>10:00 Morning Yoga 10:30 Rehydrate & Snack 10:45 Cooking: Mini Quiches 11:15 Spelling Bee 2:00 Outdoor Stroll & Mail Check 3:00 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie & Popcorn</p> <p style="text-align: right;">21</p>	<p>10:00 Keep It Moving: Morning Stretch 10 - 1 Bake Sale to Support the Alzheimer's Association (Main Lobby) 10:30 Rehydrate & Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie & Munch 2:00 Math Challenge 2:30 Bean Bag Toss 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">22</p>	<p>Wild, Wild West Day! 10:00 Fun & Fitness 10:30 Rehydrate & Snack 10:30 Pictures with Dutch the Horse (Outside of Main Lobby) 11:00 Parachute Fitness & Rehydrate 2:00 Western Movie & Trail Mix 3:45 Harmony Happy Hour 6:30 Movie & Popcorn</p> <p style="text-align: right;">23</p>	<p>10:00 Chair Exercise 10:30 Rehydrate & Snack 11:00 Trivia 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p> <p style="text-align: right;">24</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading & Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p> <p style="text-align: right;">25</p>
<p>10:30 TV Church 11:15 Holy Communion w/ St. Mary's Catholic Church (Brown Activity Room) 1:00 Relax to Soft Music 1:30 Church Service w/ Hope of Christ Pres. Church (Hayes Activity Room) 2:00 Afternoon Movie 6:00 TV Sitcom</p> <p style="text-align: right;">26</p>	<p>10:00 Morning Exercise 10:30 Rehydrate & Snack 10:45 Bean Bag Toss 11:15 Matching Game 1:15 Afternoon Bingo 2:30 Daily Tasks from the Good Ole Days 3:00 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">27</p>	<p>10:00 Morning Yoga 10:30 Rehydrate & Snack 10:45 Baking: Pineapple Upside Down Cake 11:15 Spelling Bee 11:30 Sing a Long with Our Assisted Living Neighbors 2:00 Outdoor Stroll & Mail Check 2:00 Resident Memorial Service with Chaplain Pam M. (Dining Room) 3:00 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie & Popcorn</p> <p style="text-align: right;">28</p>	<p>10:00 Keep It Moving: Morning Stretch 10:30 Rehydrate & Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie & Munch 2:00 1950's Country & Rockabilly Music Performed by Guitarist/Singer, Adam Melia (Ding Room) 3:15 Math Challenge 3:45 Harmony Happy Hour 6:30 Movie</p> <p style="text-align: right;">29</p>	<p>10:00 Fun & Fitness 10:30 Rehydrate & Snack 11:00 Ball Toss 11:30 Hymn Sing a Long with Carl H. 2:00 Manicures 3:00 Hand Massages 3:45 Harmony Happy Hour 6:00 Caregiver Support Group with Lori Myers from the Alzheimer's Association (Hayes Activity Room, 1st Floor) 6:30 Movie & Popcorn</p> <p style="text-align: right;">30</p>	<p>10:00 Chair Exercise 10:30 Rehydrate & Snack 11:00 Parachute Fitness & Rehydrate 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p> <p style="text-align: right;">31</p>	