

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2018

## Harmony Square

<p>10:30 TV Church <b>11:15 Holy Communion with St. Mary's Catholic Church (Brown Activity Room)</b> 1:00 Relax to Soft Music <b>2:00 Church Service with Faith Baptist (Hayes Activity Room)</b> 2:00 Afternoon Movie 6:00 TV Sitcom</p>	<p>10:00 Morning Exercise 10:30 Rehydrate &amp; Snack 10:45 Bean Bag Toss 11:15 Ball Toss <b>2:00 Root Beer Float Day Social</b> 2:30 Daily Tasks from the Good Ole Days 3:00 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p>	<p>10:00 Morning Yoga 10:30 Rehydrate &amp; Snack 10:45 Bean Bag Toss 11:15 Spelling Bee 2:00 Outdoor Stroll &amp; Mail Check 2:30 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie &amp; Popcorn</p>	<p>10:00 Keep It Moving: Morning Stretch 10:30 Rehydrate &amp; Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie &amp; Munch 2:00 Math Challenge 2:30 Bean Bag Toss 3:45 Harmony Happy Hour 6:30 Movie</p>	<p>10:00 Fun &amp; Fitness 10:30 Rehydrate &amp; Snack 11:00 Trivia <b>2:00 Sunflower Art</b> 3:00 Manicures/ Hand Massages 3:45 Harmony Happy Hour 4:20 Pet Therapy with Bella 6:30 Movie &amp; Popcorn</p>	<p>10:00 Chair Exercise 10:30 Rehydrate &amp; Snack 11:00 Parachute Fitness &amp; Rehydrate 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading &amp; Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p>
<p>10:30 TV Church <b>11:15 Holy Communion with St. Mary's Catholic Church (Brown Activity Room)</b> 1:00 Relax to Soft Music <b>2:00 Lutheran Church Service &amp; Holy Communion with Rev. Koehler (Hayes Activity Room)</b> 2:00 Afternoon Movie 6:00 TV Sitcom</p>	<p>10:00 Morning Exercise 10:30 Rehydrate &amp; Snack 10:45 Bean Bag Toss 11:15 Matching Game <b>1:15 Afternoon Bingo</b> 2:30 Daily Tasks from the Good Ole Days 3:00 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p>	<p>10:00 Morning Yoga 10:30 Rehydrate &amp; Snack 10:45 Baking: Peach Cobbler 11:15 Spelling Bee 2:00 Outdoor Stroll &amp; Mail Check 3:00 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie &amp; Popcorn</p>	<p>10:00 Keep It Moving: Morning Stretch 10:30 Rehydrate &amp; Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie &amp; Munch 2:00 Math Challenge 2:30 Bean Bag Toss 3:45 Harmony Happy Hour 6:30 Movie</p>	<p>10:00 Fun &amp; Fitness 10:30 Rehydrate &amp; Snack 11:00 Trivia 2:00 Manicures &amp; Hand Massages 3:00 Ball Toss 3:45 Harmony Happy Hour 4:20 Pet Therapy with Bella 6:30 Movie &amp; Popcorn</p>	<p>10:00 Chair Exercise 10:30 Rehydrate &amp; Snack 11:00 Parachute Fitness &amp; Rehydrate 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading &amp; Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p>
<p>10:30 TV Church <b>11:15 Holy Communion with St. Mary's Catholic Church (Brown Activity Room)</b> 1:00 Relax to Soft Music <b>2:00 Lutheran Church Service &amp; Holy Communion with Rev. Koehler (Hayes Activity Room)</b> 2:00 Afternoon Movie 6:00 TV Sitcom</p>	<p><b>Lemonade's Birthday!</b> 10:00 Morning Exercise 10:30 Rehydrate &amp; Snack 10:45 Baking: Lemonade Cake 11:15 Matching Game <b>1:15 Afternoon Bingo</b> <b>2:30 Resident Spotlight &amp; August Birthday Celebration</b> 3:15 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p>	<p>10:00 Morning Yoga 10:30 Rehydrate &amp; Snack 10:45 Cooking: Mini Quiches 11:15 Spelling Bee 2:00 Outdoor Stroll &amp; Mail Check 3:00 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie &amp; Popcorn</p>	<p>10:00 Keep It Moving: Morning Stretch 10:30 Rehydrate &amp; Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie &amp; Munch 2:00 Math Challenge 2:30 Bean Bag Toss 3:45 Harmony Happy Hour 6:30 Movie</p>	<p><b>Wild, Wild West Day!</b> 10:00 Fun &amp; Fitness 10:30 Rehydrate &amp; Snack <b>10:30 Pictures with Dutch the Horse (Outside of Main Lobby)</b> 11:00 Parachute Fitness &amp; Rehydrate <b>2:00 Western Movie &amp; Trail Mix</b> 3:45 Harmony Happy Hour 6:30 Movie &amp; Popcorn</p>	<p>10:00 Chair Exercise 10:30 Rehydrate &amp; Snack 11:00 Trivia 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading &amp; Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p>
<p>10:30 TV Church <b>11:15 Holy Communion w/ St. Mary's Catholic Church (Brown Activity Room)</b> 1:00 Relax to Soft Music <b>1:30 Church Service w/ Hope of Christ Pres. Church (Hayes Activity Room)</b> 2:00 Afternoon Movie 6:00 TV Sitcom</p>	<p>10:00 Morning Exercise 10:30 Rehydrate &amp; Snack 10:45 Bean Bag Toss 11:15 Matching Game <b>1:15 Afternoon Bingo</b> 2:30 Daily Tasks from the Good Ole Days 3:00 Good Ole Days Reminiscing 3:45 Harmony Happy Hour 6:30 Movie</p>	<p>10:00 Morning Yoga 10:30 Rehydrate &amp; Snack 10:45 Baking: Pineapple Upside Down Cake 11:15 Spelling Bee <b>11:30 Sing a Long with Our Assisted Living Neighbors</b> 2:00 Outdoor Stroll &amp; Mail Check <b>2:00 Resident Memorial Service with Chaplain Pam M. (Dining Room)</b> 3:00 Puzzles/Word Finds 3:45 Harmony Happy Hour 6:30 Movie &amp; Popcorn</p>	<p>10:00 Keep It Moving: Morning Stretch 10:30 Rehydrate &amp; Snack 10:45 Devotions 11:00 Hymn Sing-A-Long 1:30 Men's Military Moment: Movie &amp; Munch <b>2:00 1950's Country &amp; Rockabilly Music Performed by Guitarist/Singer, Adam Melia (Ding Room)</b> 3:15 Math Challenge 3:45 Harmony Happy Hour 6:30 Movie</p>	<p>10:00 Fun &amp; Fitness 10:30 Rehydrate &amp; Snack 11:00 Ball Toss <b>11:30 Hymn Sing a Long with Carl H.</b> 2:00 Manicures 3:00 Hand Massages 3:45 Harmony Happy Hour <b>6:00 Caregiver Support Group with Lori Myers from the Alzheimer's Association (Hayes Activity Room, 1st Floor)</b> 6:30 Movie &amp; Popcorn</p>	<p>10:00 Chair Exercise 10:30 Rehydrate &amp; Snack 11:00 Parachute Fitness &amp; Rehydrate 2:00 Weekly Word of Wisdom with Matt Phillips 2:30 School Days Game 3:45 Harmony Happy Hour 6:30 Movie: Resident Choice</p>	<p>10:00 Morning Exercise 10:30 Resident Morning News Reading &amp; Coffee Break 11:00 Matching Games 2:00 Ice Cream Cone Social 3:00 Afternoon Art 3:30 Bean Bag Toss 4:00 Skill Stations 6:30 Lawrence Welk TV Program</p>