

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>LOCATION KEY</p> <p>B = Brown Activity Room, 1st Floor D = Dining Room H = Hayes Activity Room, 1st Floor L = Main Lobby N = Newcomb Activity Room, 2nd Floor P = Pub, 1st Floor S = Simpson Activity Room, 3rd Floor TH = Movie Theater, 4th Floor</p>	<p>10:00 Morning Stretch (N) 10:00 Jewelry Making Class (H) 10:30 Mahjong (S) 2:00 Bingo (H) 3:00 Dominoes/Scrabble (P) 3:15 Crossings Sing a Long (D) 3:30 Pool (2nd Floor) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>9:30 Fitness Center with Stephanie (N) 10:00 Stretch with Stephanie (N) 10:00 Catholic Series & the Rosary (B) 10:30 Canasta (S) 11:00 Studies in Acts of the Apostles (N) 1:00 Advanced Card Making Class (H) 1:00 Rummikub (P) 2:00 Hearts (P) 3:00 Cornhole (L) 3:15 Life Size Crossword Puzzle (H) 4:30 Happy Hour (P)</p>	<p>10:00 Fun & Fitness w/ Genesis Rehab (N) 10:30 Mahjong (S) 11:15 Prayer Corner w/ Esther (N) 1:00 Crafts: Make a Decorative Leaf Garland (H) 1:00 Rummikub (P) 2:00 Resident Council Meeting (D) 3:15 Ten Cent Bingo (H) 4:00 Wisecrack Wednesday (P) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>10:00 Chair Yoga with Kirsten (H) 10:00-11:30 Rapp. Library Lobby Stop (P) 10:30 Canasta (S) 11:00 Old Fashioned Hymn Sing A Long w/ Pastor Carl (H) 11:00 Trip to Mattaponi Winery for a Tour, Tasting, & Lunch (L) 1:30 Rummikub (P) 2:00 Bridge (S) 2-4 Technology Assistance - Please Sign Up (B) 4:30 Happy Hour (P) 7:30 Movie Night for the Men (TH)</p>	<p>9:30 Morning Trivia w/ Matt (P) 10:00 Morning Stretch (N) 10:30 Creative Coloring (H) 10:30 Trip to Walmart (L) 2:00 Bingo (H) 3:00 Rummikub (P) 4:30 Happy Hour (P) 7:30 Movie & Popcorn (TH)</p>	<p>10:00 Stronger Seniors Fitness (N) 10:15 Shuffleboard/Horseshoes (Outside) 10:30 Mahjong (S) 11:15 Daily Chronicles & October Calendar Summary (P) 1:00 Rummikub (P) 1:30 Creative Coloring (H) 2:00 Hearts (P) 2:30 Pool (2nd Floor) 2:30 Wii Bowling (H) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>
<p>10:30 Catholic Mass TV Broadcast (B) 11:15 Holy Communion with St. Mary's Catholic Church (B) 2:00 Baptist Church Service with Pastor Forrester (H) 2:00 Pinochle (P) 3:00 Rummikub (P) 3:00 Cornhole (L) 7:30 Movie (TH)</p>	<p>10:00 Morning Stretch (N) 10:00 Jewelry Making Class (H) 10:30 Mahjong (S) 1:30 October Birthday Party (P) 2:00 Bingo (H) 3:00 Dominoes/Scrabble (P) 3:15 Crossings Sing a Long (D) 3:30 Pool (2nd Floor) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>10:00 Stretch with Stephanie (N) 10:00 Catholic Series & the Rosary (B) 10:30 Canasta (S) 11:00 Studies in Acts of the Apostles (N) 1:00 Advanced Card Making Class (H) 1:00 Rummikub (P) 2:00 Hearts (P) 2:00 Learn How to Play Pool (2nd Floor) 3:00 Cornhole (L) 3:15 Life Size Crossword Puzzle (H) 4:30 Happy Hour (P)</p>	<p>10:00 Fun & Fitness w/ Genesis Rehab (N) 10:30 Mahjong (S) 1:00 Crafts: Jack o Lantern Decoration (H) 1:00 Rummikub (P) 2:30 Songs of the Season with the Fredericksburg Senior Singers (H) 3:15 Ten Cent Bingo (H) 4:00 Wisecrack Wednesday (P) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>10:00 Zumba w/ Kathy (H) 10:30 Canasta (S) 10:30 Trip to the Dollar Tree (L) 11:00 Old Fashioned Hymn Sing A Long w/ Pastor Carl (H) 11-1 Hearing Aid Cleanings & Checks w/Central Park Hearing Aid Center - Please Sign Up (N) 1:30 Rummikub (P) 2:00 Bridge (S) 4:30 Happy Hour (P) 4:30 - 6:30 Crossings Anniversary Oktoberfest Celebration (D) 7:30 Movie Night for the Men (TH)</p>	<p>9:30 Morning Trivia w/ Matt (P) 10:00 Morning Stretch (N) 10:30 Creative Coloring (H) 10:30 Trip to Walmart (L) 2:00 Bingo (H) 3:00 Trip to Giant (L) 3:00 Rummikub (P) 4:30 Happy Hour (P) 7:30 Movie & Popcorn (TH)</p>	<p>9:00 Trip to Participate in the Walk to End Alzheimer's (L) 10:00 Stronger Seniors Fitness (N) 10:15 Shuffleboard/Horseshoes (Outside) 10:30 Mahjong (S) 11:15 Daily Chronicles (P) 1:00 Rummikub (P) 1:30 Creative Coloring (H) 2:00 Movie Matinee (TH) 2:00 Hearts (P) 2:30 Pool (2nd Floor) 2:30 Wii Bowling (H) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>
<p>10:30 Catholic Mass TV Broadcast (B) 11:15 Holy Communion with St. Mary's Catholic Church (B) 2:00 Lutheran Church Service & Holy Communion with Rev. Koehler (H) 2:00 Rummikub (P) 2:00 Pinochle (P) 3:00 Cornhole (L) 7:30 Movie (TH)</p>	<p>10:00 Morning Stretch (N) 10:00 Jewelry Making Class (H) 10:30 Mahjong (S) 2:00 Bingo (H) 3:00 Reading Group (N) 3:15 Crossings Sing a Long (D) 3:30 Pool (2nd Floor) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>9:30 Weights & Bands Class w/ Stephanie (Fitness Center) 10:00 Catholic Series & the Rosary (B) 10:00 Stretch with Stephanie (N) 10:30 Canasta (S) 11:00 Studies in Acts of the Apostles (N) 1:00 Advanced Card Making Class (H) 1:00 Rummikub (P) 2:00 Hearts (P) 2:00 Learn How to Play Pool (2nd Floor) 3:00 Cornhole (L) 3:15 Life Size Crossword Puzzle (H) 4:30 Happy Hour (P)</p>	<p>10:00 Fun & Fitness w/ Genesis Rehab (N) 10:30 Mahjong (S) 11:15 Prayer Corner w/ Esther (N) 1:00 Crafts: Scarecrow Autumn Wreath Door Decoration (H) 1:00 Rummikub (P) 2:00 1950's Country & Rockabilly Music Performed by Guitarist/Singer, Adam Melia (D) 3:15 Ten Cent Bingo (H) 4:00 Wisecrack Wednesday (P) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>9:30 Trip to Tour the Museum of Culpeper History (L) 10:00 Zumba with Kathy (H) 10:00-11:30 Rapp. Library Lobby Stop (P) 10:30 Canasta (S) 11:00 Old Fashioned Hymn Sing A Long w/ Pastor Carl (H) 1:30 Rummikub (P) 2:00 Bridge (S) 4:30 Happy Hour (P) 7:30 Movie Night for the Men (TH)</p>	<p>9:30 Morning Trivia w/ Matt (P) 10:00 Morning Stretch (N) 10:00 Catholic Mass (B) 10-12:30 Berezan Family Farm: Jellies, Breads, & Other Treats (L) 10:30 Creative Coloring (H) 10:30 Trip to Walmart (L) 11:00 Bunco (P) 2:00 Bingo (H) 3:00 Trip to Giant (L) 3:00 Rummikub (P) 4:30 Happy Hour (P) 7:30 Movie & Popcorn (TH)</p>	<p>10:00 Stronger Seniors Fitness (N) 10:15 Shuffleboard/Horseshoes (Outside) 10:30 Mahjong (S) 11:15 Daily Chronicles (P) 1:00 Rummikub (P) 1:30 Creative Coloring (H) 2-4 Fall Festival (Outside Weather Permitting) 2:30 Pool (2nd Floor) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>
<p>10:30 Catholic Mass TV Broadcast (B) 11:15 Holy Communion with St. Mary's Catholic Church (B) 11:30 Church Service with Antioch Methodist Church (H) 2:00 Rummikub (P) 2:00 Pinochle (P) 3:00 Cornhole (L) 4:25 Redskins vs Cowboys (P) 7:30 Movie (TH)</p>	<p>10:00 Morning Stretch (N) 10:00 Jewelry Making Class (H) 10:30 Mahjong (S) 10:30 Trip to England Run's Caregiver Support Group (L) 2:00 Falls Run Reader's Theater- Jokes, Poetry, & More (H) 3:00 Dominoes/Scrabble (P) 3:15 Crossings Sing a Long (D) 3:30 Pool (2nd Floor) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>10:00 Stretch with Stephanie (N) 10:00 Catholic Series & the Rosary (B) 10:30 Canasta (S) 11:00 Studies in Acts of the Apostles (N) 11:15 Sing a Long with Our Harmony Square Neighbors (Meet in the Pub) 1:00 Advanced Card Making Class (H) 1:00 Rummikub (P) 2:00 Hearts (P) 2:00 Learn How to Play Pool (2nd Floor) 2:00 Book Club (N) 3:00 Cornhole (L) 3:15 Life Size Crossword Puzzle (H) 4:30 Happy Hour (P)</p>	<p>10:00 Fun & Fitness w/ Genesis Rehab (N) 10:30 Mahjong (S) 1:00 Edible Crafts: Ghost Lollipops (H) 1:00 Rummikub (P) 2:00 Mary Kay Spa Treatments - Please Sign Up (B) 3:15 Ten Cent Bingo (H) 4:00 Wisecrack Wednesday (P) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>10:00 Zumba w/ Kathy (H) 10:30 Canasta (S) 11:00 Italian Lunch Trip to Fulfill Noreen C.'s Wishing Well Wish (L) 11:00 Old Fashioned Hymn Sing A Long w/ Pastor Carl (H) 11:30 Hymn Sing a Long Continued in Harmony Square (Meet in the Hayes Room) 1:30 Rummikub (P) 2:00 Bridge (S) 2:30 Chili Cook Off (H) 4:30 Happy Hour (P) 7:30 Movie Night for the Men (TH)</p>	<p>9:30 Morning Trivia w/ Matt (P) 10:00 Morning Stretch (N) 10-12 Lularoe Clothing Sale (P) 10:30 Creative Coloring (H) 10:30 Trip to Walmart (L) 11:00 Bunco (P) 11:00 New Resident Meet & Greet (P) 2:00 Bingo (H) 3:00 Trip to Giant (L) 3:00 Rummikub (P) 4:30 Happy Hour (P) 7:30 Movie & Popcorn (TH)</p>	<p>10:00 Stronger Seniors Fitness (N) 10:15 Shuffleboard/Horseshoes (Outside) 10:30 Mahjong (S) 11:15 Daily Chronicles (P) 1:00 Rummikub (P) 1:30 Creative Coloring (H) 2:00 Movie Matinee (TH) 2:00 Hearts (P) 2:30 Pool (2nd Floor) 2:30 Wii Bowling (H) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>
<p>10:30 Catholic Mass TV Broadcast (B) 11:15 Holy Communion with St. Mary's Catholic Church (B) 1:30 Church Service with Hope of Christ Pres. Church (H) 2:00 Pinochle (P) 3:00 Rummikub (P) 3:00 Cornhole (L) 7:30 Movie (TH)</p>	<p>10:00 Morning Stretch (N) 10:00 Jewelry Making Class (H) 10:30 Mahjong (S) 2:00 Bingo (H) 3:00 Dominoes/Scrabble (P) 3:15 Crossings Sing a Long (D) 3:30 Pool (2nd Floor) 4:30 Happy Hour (P) 7:30 Movie (TH)</p>	<p>10:00 Stretch with Stephanie (N) 10:00 Catholic Series & the Rosary (B) 10:30 Canasta (S) 11:00 Studies in Acts of the Apostles (N) 1:00 Advanced Card Making Class (H) 1:00 Rummikub (P) 2:00 Hearts (P) 2:00 Men's Get Together (N) 3:00 Cornhole (L) 3:15 Life Size Crossword Puzzle (H) 4:30 Happy Hour (P)</p>	<p>10:00 Fun & Fitness w/ Genesis Rehab (N) 10:30 Mahjong (S) 10:30 Halloween Costume Help (H) 1:00 Rummikub (P) 2:30 Halloween Costume Contest (D) 3:15 Halloween Party (H) 4:00 Wisecrack Wednesday (P) 4:30 Happy Hour (P) 6:30 Trick or Treating for Local School Children & Your Grandchildren (Children Will Meet in the Lobby) 7:30 Movie (TH)</p>	<p>October 2018</p> <p>Independent Living</p>		